

# Make the Most of Each Day

Personal Care at SpiriTrust Lutheran®, The Village at Luther Ridge

## Common Areas:

- 52-acre tobacco-free community with mature trees and walking paths
- Activity lounge
- Hair salon
- Chapel
- Quiet conversational, social and recreational areas
- Main dining room that serves three restaurant-style meals a day with open dining times as well as casual dining areas
- Lounges
- Finely landscaped grounds with gazebo, outdoor patios, benches and flower / vegetable plots
- Fully-maintained library with books, magazine subscriptions and a computer area with Internet access
- Social and recreational areas stocked with nutritious snacks and beverages available 24-hours a day



## Social, Educational and Cultural Programs & Activities:

- Creative arts
- Community service projects
- Cooking and gardening
- Day trips and excursions for sightseeing and shopping to destinations such as local restaurants, local sporting events and various concerts and performances
- Exercise classes
- Guest speakers and Educational lectures
- Holiday theme parties
- Music appreciation
- Religious services
- Table games, card games and bingo
- Trivia and current events

## Standard Room Features:

- Generously sized private and semi-private rooms with four floor plan options (*based upon availability*)
- Carpeted living areas
- Large bathroom equipped with heat lamp and safety bars
- Safety features including emergency call system and heat / smoke detectors
- Phone line, cable jack and wireless Internet access
- Single bed, dresser, nightstand and lamp
- Window treatment
- Option to personalize room with your own furniture and decorations
- Individually controlled heating and air conditioning

*The programs, amenities and services at The Village at Luther Ridge reflect the needs of residents. From time to time, these components may change to better reflect new service opportunities.*



 **Spiritrust Lutheran**<sup>®</sup>  
The Village at Luther Ridge

2735 Luther Drive ▪ Chambersburg, PA 17202  
717-264-5700 ▪ toll-free 877-401-6375 ▪ [www.SpiritrustLutheran.org](http://www.SpiritrustLutheran.org)



# Frequently Asked Questions

## Personal Care at SpiriTrust Lutheran®, The Village at Luther Ridge

### Will I be able to order my meals from a menu?

Yes, our dining room operates like a restaurant with wait staff. We offer seasonal menus. Breakfast includes a variety of both hot and cold selections. Daily entrees plus an expansive “anytime menu” are available at both lunch and dinner. Outside of typical dining hours, a separate menu featuring a variety of salads and sandwiches is available.



### Does The Village at Luther Ridge provide transportation?

Yes, we provide scheduled transportation for residents to go to medical appointments, outings, shopping trips, etc.



### May I have guests?

Yes, family and friends are always welcome at The Village at Luther Ridge. They can join you for a meal or visits in your room, the lounges or outdoor areas. We do not have accommodations for overnight visitors. If you are expecting guests that require overnight accommodations, please contact the administrator for rates at local hotels. Pets are also permitted to visit.

### May I use my own doctor?

Yes, at The Village at Luther Ridge, residents maintain their own physician. If you are moving here from out of the area, the health services manager will be more than happy to assist you in finding a local physician.

### Can you accommodate my loved one for a short-term stay?

Yes, we offer respite care if a room is available.



### **Is there an orientation when I move in?**

Yes. We realize that transitioning to a senior living community can be stressful. Our managers will meet with you to answer any questions and review the functions of their department. And we also arrange for “good neighbor” visits from existing residents to help you settle in and get to know the community.

### **What happens if I need additional assistance in the future?**

In addition to offering three levels of support within personal care, residents take comfort in knowing that skilled care is available within the SpiriTrust Lutheran™ family of senior living communities. SpiriTrust Lutheran™ Home Care & Hospice also can provide additional services at The Village at Luther Ridge.

### **Does Medicare cover some of the cost for personal care?**

No, Medicare is your health insurance and does not cover personal care. Medicare frequently covers skilled care and rehabilitation after certain criteria have been met. For more information about Medicare, contact the Social Security Administration at 1-800-772-1213.

### **If my funds deplete, will I be asked to leave The Village at Luther Ridge?**

No, as long as you meet the eligibility requirements at time of admission to The Village at Luther Ridge, abide by the rules and regulations of SpiriTrust Lutheran™, have not unethically spent down your funds, and maintain your eligibility for Medical Assistance and other third-party reimbursements, you will not be asked to leave.

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# Steps to Residency

Our goal is to make moving to the Personal Care Residence at The Village at Luther Ridge as easy as possible for everyone involved, as we realize this can be a stressful time in your life.

1. Complete an application. From this application, we will process the information to determine if you meet the financial requirements and which style of accommodations you would be eligible for.
2. We will provide you with a Medical Evaluation Form to take to your personal physician. Your physician will need to complete the evaluation in full and return it as soon as possible.
3. In addition to your physician completing the Medical Evaluation Form, we will schedule a time to complete an Assessment-Support Plan. If the prospective resident is currently in the hospital or nursing home, this meeting can also be held there, depending upon location. In addition to being required by the state, completing this document is a wonderful opportunity for us to learn more about preferences and discuss personal service needs.
4. After the meeting (with supporting documentation outlined on the form), Medical Evaluation Form and pre-admission Assessment-Support Plan will be reviewed. At this time, you will be notified if your application has been approved. This is not a lengthy process. If necessary, move-in can occur within 24-hours of your first inquiry.
5. Establish a move-in date. Your date of occupancy should occur within 7 business days of notification of acceptance or accommodation readiness by The Village at Luther Ridge, unless pre-approved by the community.
6. Schedule a date to move in and sign your Residency Agreement.
7. On or before day of move-in, provide any remaining paperwork and meet any outstanding financial obligations for the month. We will provide you with this amount prior to move-in. We invoice for services at the beginning of the month for upcoming room and board charges. The amount due will be pro-rated based on the remaining days in the month.